

Class Schedule 2025-2026

DAY	STUDIO A			STUDIO B			STUDIO C		
MON	3:00-5:00 5:15-5:45 5:45-6:30 6:30-7:00 7:00-7:45 7:45-8:15 8:15-8:45 8:45-9:15 9:15-9:45	FT Int. Contemp Tech FT Int. Contemp Select FT Sr/Adv Contemp tech FT Sr/Adv small Contemp	Bowser Lisa A Lisa A Lisa A Lisa A Lisa A Lisa A Lisa A Lisa A	5:30-6:00 6:00-6:30 6:30-7:00 7:00-7:30 7:30-8:00 8:00-8:45 8:45-9:15	FT Jr MT FT Jr Turns FT Int. Turns FT Jr Lyrical FT Int. Small Lyrical	Nicole M Nicole M Nicole M Nicole M Nicole M Nicole M	4:30-5:30 5:45-6:15 6:15-7:00 7:00-7:30 7:30-8:15 8:15-8:45 8:45-9:15	FT Int/Sr/Adv Acro FT Sr/Adv 1 Turns FT Sr/Adv Jazz FT Jr Contemp Tech FT Int Jazz FT Sr Adv Small Jazz FT Sr/Adv Select Contemp	Nicole M Jennie Jennie Jennie Jennie Jennie Jennie
TUE	4:45-5:30 5:30-6:30 6:30-7:30 7:30-8:30	Pre-school (2-4) 2 nd Yr Pre-school (4-5) PT Int Lyrical PT Int Adv Lyrical	Taya Taya Vanessa Vanessa	4:45-5:45 5:45-6:45 6:45-7:30 7:30-8:30 8:30-9:15	PT Int. Hip hop PT Int Adv Hip hop PT Mini/Pre FT Hip hop PT Jr Hip hop Rec Teen Hip hop (13 & up)	Tianna Tianna Tianna Tianna Tianna	5:00-5:30 5:30-6:30 6:30-7:30 7:30-8:30 8:30-9:30	PT Mini/Jr MT PT Mini Jazz PT Jr Jazz PT Int Jazz PT Int Adv Jazz	Nicole M Nicole M Nicole M Nicole M Nicole M
WED	4:30-5:00 5:00-6:00 6:00-6:30 6:30-7:30 7:30-8:00 8:00-9:00	FT Sr Adv Small Lyrical FT Int Small Open FT Int Jazz Tech	Nicole M Nicole M Nicole M Nicole M Nicole M Nicole M	4:30-5:00 5:00-5:45 5:45-6:30 6:30-7:30 7:30-8:15 8:15-9:00 9:00-9:30	FT Int Small Tap FT Int Tap FT Jr Tap FT Sr/Adv Tap Tech FT Sr/Adv Tap FT Sr/Adv small Tap	Julie Julie Julie Julie Julie Julie Julie	5:00-5:30 5:30-6:00 6:00-6:30 6:30-7:30 7:30-8:00 8:00-9:00 9:00-9:30	FT Sr Small Jazz FT Sr Small Lyrical FT Int MT FT SUPERLINE Jazz FT Int Small Jazz FT Jr Jazz FT Sr/Adv Small Acro	Nicole B Nicole B Nicole B Nicole B Nicole B Nicole B Nicole B
THR	4:30-5:00 5:00-5:30 5:30-6:15 6:15-7:15 7:15-8:00 8:00-8:45 8:45-9:15	PT Int MT PT Int adv/Sr MT Rec Jr Hip hop (7 & up) Rec Jr Jazz (7 & up) Rec Int Hip hop (10 & up) Rec Teen Jazz (13&up) Rec Int/Teen Lyrical (11&up)	Brooke Brooke Giselle Giselle Giselle Maya Maya	4:45-5:45 5:45-6:45 6:45-7:30 7:30-8:15 8:15-9:00	Rec Jazz/Acro (4-6) Rec Ballet/Tap (5-7) Rec Jr Acro (7 & up) Rec Int Jazz (11 & up) Rec Int Acro (11 & up)	Maya Maya Maya Laila D Laila D	5:00-6:00 6:00-7:00 7:00-8:00 8:00-8:30 8:30-9:00	PT Jr/Int Jumps/Turns PT Int adv/Sr Jumps/Turns PT Sr Adv Jumps/Turns PT Sr Adv small Jazz PT Int Adv/Sr small Jazz	Jennie Jennie Jennie Jennie Jennie
FRI	4:45-5:45 5:45-6:30 6:30-7:15 7:15-8:15 8:15-9:15	PT Jr/ Int/Int adv Tap FT Int Tap Tech FT Jr Tap Tech PT Mini/Jr Tap PT Int Adv/Sr Tap		4:45-5:45 5:45-6:45 6:45-7:45 7:45-8:45	PT Jr Ballet PT Int Adv/Sr Ballet PT Int Ballet Adult Ballet	Chantal Chantal Chantal Chantal	4:15-4:45 4:45-5:45 5:45-6:45 6:45-7:45 7:45-8:30 8:30-9:15	FT Int small Acro Level 2 Acro Tech FT Pre Mini Jazz PT Int Adv/Sr Acro FT Int Lyrical FT Jr/Int Acro	Nicole M Nicole M Nicole M Nicole M Nicole M Nicole M

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SAT	8:30-9:00	Rec Hip Hop (4-6)	Giselle	9:00-9:45	Pre-school (2-4)	Ellie	9:00-10:00	Rec Jazz/Acro (4-6)	Maya
	9:00-10:00	Rec Hip Hop (6-9)	Giselle	9:45-10:45	2 nd Yr Pre-school (4-5)	Ellie	10:00-10:45	FT Pre-Mini Jazz Tech	Nicole M
	10:00-10:30	PT Petite Hip hop	Maya	10:45-12:00	FT Jr Ballet	Chantal	10:45-11:45	FT Level 3 Acro Tech	Nicole M
	10:30-11:30	Rec Primary Ballet/Tap (5-7)	Maya	12:00-1:00	PT Mini/ FT Mini Ballet	Chantal	11:45-12:45	PT Petite Jazz	Nicole M
	11:30-12:00			1:00-2:00	PT Sr Adv Ballet	Chantal	12:45-1:15		Nicole M
	12:00-1:00	Comp level 2 Conditioning	Erin	2:00-2:30	FT Int Pointe	Chantal	1:15-2:00	FT Sr/Adv Lyrical (Int Select)	Nicole M
	1:00-2:00	Comp Level 1 Conditioning	Erin	2:30-3:00			2:00-3:00	Level 1 Acro Tech	Nicole M
	2:00-3:00	FT Sr/Adv Jazz Tech	Erin	3:00-4:15	FT Sr/Adv Ballet	Kevin	3:00-4:00	PT Sr Jazz	Nicole M
	3:00-4:00	FT Jr Hip Hop	Miguel	4:15-4:45	FT Sr Select/Small Ballet	Kevin	4:00-5:00	PT Sr Lyrical	Nicole M
	4:00-5:00	FT Int Hip Hop	Miguel	4:45-5:15	FT Sr/Adv 2 Turns	Kevin	5:00-5:45	FT Jr Jazz Tech	Nicole M
	5:00-6:00	PT Sr/ Sr Adv Hip Hop	Miguel	5:15-6:30	FT Int Ballet	Kevin			
	6:00-6:45	FT Sr/Adv Hip Hop	Miguel	6:30-7:00	FT Int Select/Small Ballet	Kevin			
	Legend Rec: Recreational Classes FT: Full-Time Competitive Company PT: Part-Time Competitive Company								